

## **Report on tour to BMC Menar**

As per the letter number No. F()/Karmik/RsBB/2023-24/2334 and in compliance to NBA order on the celebration of “*Dhanvantari Diwas*”, I was directed to visit BMC Menar for the celebration of the same. I had prior communication with BMC Chairperson regarding the celebration of *Dhanvantari Diwas* and local resource person for sharing some valuable knowledge on Ayurveda.

The program began with opening remarks and welcome note from the BMC Chairperson and addressed the local people about the BMC and biodiversity conservation. I also briefed the audience about the Biological Diversity Act, 2002 and its amendment in 2023. The local resource person, Shri Darshan Ji Menariya delivered a short talk on the history and importance of Ayurveda and how it can be incorporated into our daily lives. He also shared a short story of Dhanvantari Ji and how its knowledge and values have reached across the globe. He shared a few home remedies of *Neem, Tulsi, Turmeric, Ashwagandha, Mulethi* and many more in curing day to day ailments. He also shared the importance of carom seeds in treating indigestion. He encouraged the use of natural and Ayurvedic medicines instead of allopathy and shared the benefits of various herbs and shrubs in treating cattle as well.

I gave a vote of thanks at the end of the programme and requested all the people present there to be more aware about the valuable biodiversity present in their village. As per the amendment in the principal act, I also requested more people to join the BMC Menar and work for the conservation of biodiversity. Name of all the attendees was recorded in the register.

During the second visit to BMC Menar on *14.11.2023*, I met the existing BMC members and other people who seek to be a part of the BMC. Under the guidance of Shri Shankarlal Ji Menariya, I interacted with the BMC members as well as local people to increase the awareness about BMC. All interested members were informed about the responsibilities and working of BMC. The main function of BMC is to conserve biodiversity and to create awareness among the villagers. Trade of local biological resources has to be explored so that there can be benefits and sharing. Also made aware about the PBR so that a database of Menar village

can be prepared. The villagers pointed out the problems related to bird conservation and weed. During the meeting, suggestions were provided regarding the restructuring of the BMC. The current BMC president and the villagers proposed holding another meeting as soon as possible.

They also invited other board members to visit Menar and share their knowledge. Necessary stationery items like Attendance register, Diary, Pen, Pencil, Sharpener, Eraser, Notepad, was given to the BMC – Menar on behalf of the board. Various instructions of the board were also given.

Here is the list of the existing members and people who are willing to join the BMC:

1. Shankarlal Ji Menariya – Chairperson – (9928709844)
2. Darshan Ji Menariya – Secretary
3. Khoobilal Menariya
4. Raju Dolawat
5. Lalit Kalawat
6. Hemlata Merawat
7. Divya Suthar
8. Sunita Bairwa
9. Raama Goswami
10. Rahul Thakrot
11. Prakash Suthar

## Pictures of visit to BMC Menar



